

Starters

Served with Mint Sauce

Delicious handmade small bites to contemplate your choices with mint sauce.

- Onion Bhaji Fritters** 🌿🌿 **£3.95**
Grated onion and gram flour fritters served with fresh mint sauce.
- Lamb Samosas** 🌿🌿🌿 **£4.95**
Indian filo pastry filled with spiced lamb mince served with fresh mint sauce.
- Vegetable Samosas** 🌿🌿🌿 **£3.50**
- Chicken Tikka** 🌿 **£5.95**
- Tandoori Chicken** 🌿 **£6.00**
- Lamb Cutlets** 🌿🌿 **£6.95**
Lamb marinated in special Indian sauce, cooked in the clay oven
- Chicken Pakora** 🌿 **£5.95**
- Mix Starter** **£7.95**
2pc breaded prawn, Chicken pakora, Vegetable samosa.
- Sharing Plate** A plate of treats for two to share. **£13.95**
Lamb cutlets, ponir tikka, onion bhajis & chicken tikka.
- Lamb Sheekh Kebab** 🌿 **£5.95**
- Mixed Kebab** 🌿🌿 **£6.95**
Chicken Tikka, Lamb Cutlet & Onion Bhaji.
- Sea Mix for 2** Salmon, King Prawn & Pangasius Fish **£13.95**
- King Prawn Puri** 🌿🌿🌿 **£6.95**

Tandoori Specialities

Served with Salad & Mint Sauce

- Chicken Tikka** 🌿🌿 **£11.95**
Chicken pieces marinated in a tandoori sauce, cooked in the clay oven
- Tandoori Chicken (1/2)** 🌿🌿 **£11.00**
- Tandoori King Prawn** 🌿🌿 **£13.95**
Chef's own spice, cooked in the clay oven, served in a hot sizzling dish
- Chicken Tikka Carcha** 🌿🌿 **£12.95**
Grilled with green pepper and onions. Hot dish
- Chicken Shashlick** 🌿🌿 **£12.95**
- Salmon Shashlick** **£14.95**
- King Prawn Shashlick** **£14.95**
- Salmon Tikka** 🌿🌿 **£14.95**
Salmon marinated in tandoori special sauce, cooked in the clay oven
- Tandoori Mix Grill** 🌿🌿 **£14.95**
(Tandoori Chicken, Chicken Tikka, Lamb Cutlets, Sheekh Kebab)
- Sea Mix Grill** 🌿🌿 (Salmon, King Prawn & Pangasius Fish) **£15.00**

Biryani Specialities

Catering for 1 person very aromatic, mild, stir fried with basmati rice. Served with a choice of any Traditional Sauce

- Chicken Biryani** 🌿🌿 **£11.95**
- Lamb Biryani** 🌿🌿 **£13.95**
- Chicken Tikka Biryani** 🌿🌿 **£12.95**
- King Prawn Biryani** 🌿🌿 **£13.95**
- Vegetable Biryani** 🌿🌿 **£9.95**
- Bengal Fox Special Biryani** 🌿🌿 **£14.95**
Chicken, Lamb & Paneer

Traditional Sauces: Korma Sauce, Dansak Sauce, Madras Sauce, Curry Sauce

House Specials

All Served with Pilau Rice (Telephone orders only)* Swap with any rice £2 extra

- Bengal Massala** 🌿
Famous & popular, Tikka Masala has many variations. Chefs secret spice blend with coconut & saffron finishing this thick creamy sauce.
- Bengal Passanda** 🌿
Coconut, almond, sultanas and spices with pureed tomatoes & cream
- Bengal Jalfrazi** 🌿🌿🌿
Southern Indian dish with peppers and onions in a thick spicy sauce
- Bengal Garlic** 🌿🌿
An abundance of fresh garlic with chefs own blend of mustard and tomato paste plus selected spices.
- Bengal Butter** 🌿
Lavishly cooked in a buttery sauce with almonds, coconut & fresh cream
- Bengal Achari** 🌿🌿
Mouth tingling lemon & lime flavour, cooked in a fairly rich sauce

CHICKEN TIKKA	LAMB	PANEER	VEG	K. PRAWN
£12.95	£13.95	£10.95	£9.95	£14.95

Regional Speciality Dishes

All Served with Pilau Rice (Telephone orders only)* Swap with any rice £2 extra

Our chef's versions of regional dishes & British Indian creations selected because of the depth of flavour, aroma, richness and complexity.

- Makhani (Chicken or Lamb)** 🌿🌿 **£12.95**
A truly traditional Bengali dish. Think Korma but with added mango pulp. A mild luxurious dish. Its how its served in Dhabas all over the region.
- Chilli Fusion** 🌿🌿 **£13.95**
Tender diced lamb cooked with chef's blend of garlic, tomato, coriander, spices & the famous naga viper chilli pepper to create a fiery rich thick sauce.
- Ghar Ka Ghoust** 🌿🌿 **£15.95**
Lamb shank slow cooked in a deeply spiced thick lamb sauce. Rich with slight aniseed tones.
- Ghosh Kabalia** 🌿🌿 **£13.95**
Bangladeshi dish of finely chopped tandoori lamb with spinach and spices. Deep rich layered flavours, a firm house favourite.
- Goan Dupiaza** 🌿🌿 **£12.95**
Chunky chicken, peppers & onion cooked with dried red chillies & a touch of yogurt.
- Rajasthani Murg** 🌿🌿 **£13.95**
Straight from Jaipur, Rajasthan. Our version takes the traditional spice blend of mustard seeds, fresh garlic and masala and adds fresh marinated chicken breast, pan grilled with chunky peppers
- Nawabi Khana** 🌿🌿 **£14.95**
Tandoori chicken, sheekh kebab, chicken & lamb cutlets barbecued in the clay oven, served in chef's special sauce
- Sea Mix Bhuna** (Salmon, King Prawn & Pangasius Fish) **£15.00**
- Shashlik Balti** Chicken with Shashlik herbs & spices. 🌿🌿 **£13.95**

Balti Dishes

All Served with Pilau Rice (Telephone orders only)* Swap with any rice £2 extra

Green peppers and onions cooked in a blend of roasted whole spices creating a delicious thick Balti sauce presented to you in its cast iron cooking pot.

- Chicken Tikka Balti** 🌿🌿 **£12.95**
- Lamb Balti** 🌿🌿 **£13.95**
- Vegetable Balti** 🌿🌿 **£10.95**
- King Prawn Balti** 🌿🌿 **£14.95**
- Salmon Shashlik Balti** 🌿🌿 **£14.95**

Traditional Dishes

All Served with Pilau Rice (Telephone orders only)* Swap with any rice £2 extra

- Korma** 🌿🌿🌿🌿
The most common curry for beginners, cooked with coconut, almonds and fresh cream. Sweet flavoured
- Ceylon** 🌿🌿🌿
Another medium curry that keeps its taste, cooked with chilli, lemon juice, coconut powder and selected spices
- Chana** 🌿🌿
Bhuna Style dish, cooked with chick peas
- Dansak** 🌿🌿🌿
Extremely flavoured Persian dish served in a sweet and sour sauce with lentils
- Madras** 🌿🌿
A south Indian dish cooked in a unique way that keeps its fairly hot flavour.

Vindaloo

A well spiced dish cooked with chillies, herbs & potatoes suitable for people with hot taste buds

Curry

Cooked with medium sauce, mild to medium strength.

Bhuna

A selection of spices cooked with onions tomato, garlic & coriander to provide a medium strength & lightly spiced sauce

Dupiaza

For those who love green peppers, onion, tomato & coriander with a thick sauce, lightly spiced

Rogon

Medium curry cooked with selected herbs & spices topped with tomato and green pepper

Kasmiri

Cooked with Kashmiri massala, tomato puree & other spices, slightly hot

Korai

Medium, cooked with green peppers, onions, coriander & tomatoes

Pathia

Sweet & Sour, Bhuna style

Mushroom

A selection of spices cooked with onions tomato, garlic & coriander to provide a medium strength & lightly spiced sauce

CHICKEN	TIKKA	LAMB	PANEER	VEG	K. PRAWN
£11.95	£12.95	£13.95	£9.95	£9.95	£13.95

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www.bengalfox.co.uk

*Pilau Rice may be changed to a preferable rice with an additional charge of £2.00

Vegetable Side Dishes

Mushroom Bhajee 🌿🌿	£5.95
Brinjal Bhajee (Aubergine) 🌿🌿	£5.95
Bhindi Bhajee (Okra) 🌿🌿	£5.95
Sag Bhajee (Spinach) 🌿🌿	£5.95
Sag Aloo (Spinach & Potatoes) 🌿🌿	£5.95
Bombay Aloo (Potatoes) 🌿🌿	£5.95
Chana Massala (Spicy Chick Peas) 🌿🌿	£5.95
Tarka Dhall (Lentils with Garlic) 🌿🌿	£5.95
Dall Samba (Spicy Lentils & Mixed Veg) 🌿🌿	£5.95
Sag Paneer (Spinach & Cheese) 🌿🌿	£5.95
Chana Paneer (Chick Peas & Cheese) 🌿🌿	£5.95
Sag & Mushroom (Spinach & Mushroom) 🌿🌿	£5.95
Vegetable Bhajee (Mixed Vegetable) 🌿🌿	£5.95
Chunky Chips	£4.50

Rice Dishes

Pilau Rice	£3.95
Basmati Rice	£3.50
Coconut Rice	£4.50
Special Rice	£4.50
Egg Fried Rice	£4.50
Keema Rice	£4.50
Vegetable Fried Rice	£4.50
Mushroom Rice	£4.50
Onion Rice	£4.50
Lime Rice	£4.50
Special Rice	£4.50

Sundries

Fresh Baked Naan ●	£3.50
Keema Naan ●	£4.50
Peshwari Naan ●●●●	£4.50
Garlic Naan ●●	£4.50
Chilli Naan ● 🌿🌿	£4.50
Paratha ●	£3.50
Stuffed Paratha ●	£4.50
Chapati ●	£3.00
Puree ●	£3.00
Papadam ●	£0.95
Spicy Papadam ●	£1.10
Pickle & Chutney Tray	£4.50

Our own house pickle & chutney selection.



BENGAL FOX

★ ★ ★
**WINNER OF
MASTER CHEF 2017**

INTRODUCTION

All of our food is freshly prepared by a first-class team of highly experienced chefs, using only the finest ingredients, for example we use premium fresh chicken breast and the best quality prime lean cut lamb. Our cuisine is not just hot and spicy, far from it, the flavours span the entire taste range from subtle and delicate, through hearty and robust, right up to the fiery heat of the well known Vindaloo. The request is yours.

Food allergies and intolerances - Before you order your food and drinks, please speak to our staff if you want to know our ingredients. Please note, no additives or food colourings are used in the preparation of any of our food. All of our meats are sourced fresh locally.

Prices effective from November 2022

WE CATER FOR OUTDOOR PARTIES UPTO 200 PERSON

Open 7 days a week including Bank Holidays
5.30pm - 10.00pm

We deliver to the following areas:

Burwell	Chippenham
Exning	Swaffham Bulbeck
Newmarket	Bottisham
Fordham	Lode
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Isleham	

We aim to fulfil all our orders as quickly as possible - within an hour of your call. However, our commitment is to quality and road safety and this may sometimes necessitate a slight delay. We hope you will understand if this occurs.

● Contains Sugar ● Contains Nuts
● Contains Wheat ● Contains Dairy Products

If you suffer from an acute allergy to any of the above, please do not hesitate to ask us when ordering

🌿 Mild 🌿🌿 Medium 🌿🌿🌿 Medium Hot 🌿🌿🌿🌿 Hot



We accept all major credit / debit cards



BENGAL FOX

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Takeaway
Menu